

Kathleen M. Rehl, Ph.D., CFP®, CeFT® Emeritus



Author, Educator, Mentor, Storyteller

● Empowering Widows Financially ● Inspiring Legacy and Longevity Planning

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**Empowering
Widows
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Articles & More About Kathleen Rehl's Work

220 Stories			
Date	Published By	Title & Link (older links may be expired)	Author
2/28/2025	<i>Sixty & Me</i>	Love, Loss, and Life After—A Practical Guide for Widows	Kathleen Rehl
1/17/2024	<i>MarketWatch & Morningstar</i>	When A Spouse Dies, There Can Be A 'Tax Explosion' For The One Left Behind	Beth Pinsker
1/14/2025	<i>Rethinking65</i>	What Empowering Widows Really Requires: How to Guide Grieving Clients Through This Personal and Financial Transition with Compassion and Care.	Kathleen Rehl
12/24/2024	<i>Sixty & Me</i>	Approaching 78 – Thriving with My Five 'F' Words	Kathleen Rehl
11/28/2024	<i>Open to Hope</i>	Moving Forward on Your Own: Empowering Widows (podcast)	Open to Hope Foundation
11/27/2024	<i>Nerd's Eye View</i>	Enhancing Client Conversations About Charitable Giving: Sample Questions, Scripts, And Tools For Better Engagement	Kathleen Rehl
11/13/2024	<i>Agebuzz</i>	Training As An End-Of-Life Doula, A Profound Experience	Kathleen Rehl
11/6/2024	<i>Sixty & Me</i>	Celebrating 3 Years Wine-Free: Choosing Health As I Age	Kathleen Rehl
9/11/2024	<i>Agebuzz</i>	Why I Want to Become an End-of-Life Doula	Kathleen Rehl
7/27/2024	<i>Sixty & Me</i>	I'm Aging But Not Growing Old	Kathleen Rehl
7/23/2024	<i>Rethinking65</i>	When the Unthinkable Happens	Kathleen Rehl
7/2024	<i>The Apple Tree Third Age Press</i>	Stage 4 poem	Kathleen Rehl
6/19/2024	<i>Agebuzz</i>	Draft Your Legacy Letter in 15 Minutes With 5 Easy Steps	Kathleen Rehl
5/30/2024	<i>Sixty & Me</i>	3 Secrets of Resilient Widows: Embrace Life on Your Own Terms	Kathleen Rehl
4/20/24	<i>Open to Hope</i>	Handling Your Own End-Of-Life Planning: A Thoughtful Goodbye	Kathleen Rehl
3/27/2024	<i>Agebuzz</i>	Elephant in the Room poem	Kathleen Rehl
3/26/2024	<i>Humble Dollar</i>	Not Wired to Retire	Kathleen Rehl
3/20/2024	<i>Sixty & Me</i>	My Husband Told Me to Find Another Partner ... And To Watch Out For My Money	Kathleen Rehl
2/6/2022	<i>Agebuzz</i>	Embracing My 77th Birthday and Moving Forward	Kathleen Rehl
1/31/2024	<i>Nerd's Eye View</i>	Using A Testamentary Charitable Remainder Unitrust (T-CRUT) To Give Twice to Both Loved Ones and Charitable Organizations	Kathleen Rehl
1/15/2024	<i>Rethinking65</i>	Will New Widows Fire or Hire You?	Kathleen Rehl
10/31/2023	<i>Morningstar</i>	A New Way to Achieve Charitable Goals While Saving on Taxes	Kathleen Rehl
10/15/2023	<i>Sixty & Me</i>	Widows Rock! Thriving in Stage 3 of Widowhood	Kathleen Rehl
10/11/2023	<i>Agebuzz</i>	Navigating the Future: Our Checklist for Choosing a Continuing Care Retirement Community	Kathleen Rehl
9/23/2023	<i>Sixty & Me</i>	Navigating Financial Realities After Losing Your Spouse	Kathleen Rehl
8/23/2023	<i>Nerd's Eye View</i>	Legacy IRA® Rollover To A Charitable Gift Annuity: Using This New Tax-Advantaged Opportunity To Help Clients Achieve Charitable And Retirement Goals	Kathleen Rehl

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8/17/2023	<i>Sixty & Me</i>	After Heartbreak, New Widows Must Revisit Their Finances	Kathleen Rehl
6/7/2023	<i>Agebuzz</i>	Waiting List	Kathleen Rehl
5/18/2023	<i>Sixty & Me</i>	Confronting the Elephant in the Room: The Importance of Your Estate, Legacy and End-of-Life Planning	Kathleen Rehl
2/11/2023	<i>Humble Dollar</i>	Better Than Cake	Kathleen Rehl
2/15/2023	<i>Agebuzz</i>	Love Lasts Forever	Kathleen Rehl
1/26/2023	<i>Next Avenue</i>	I Helped My Mother to Live and Later Die	Kathleen Rehl
1/4/2023	<i>Agebuzz</i>	Better Than a New Year's Resolution—Set Your Big Grin Goal for 2023	Kathleen Rehl
1/3/2023	<i>Sixty & Me</i>	I Celebrated One Year Wine-Free	Kathleen Rehl
10/2/2022	<i>YouTube</i>	Recording of What to Do Before You Kick the Bucket: Effective Estate & Legacy Planning	Attorney Andrew Ward & Kathleen Rehl
9/21/2022	<i>Agebuzz</i>	What to Do Before You Kick the Bucket	Kathleen Rehl
9/10/2022	<i>Humble Dollar</i>	All Together Now	Kathleen Rehl
9/2/2022	<i>CNBC</i>	Divorced, Widowed Women Are Most At Risk of Retiring Earlier Than Expected	Sarah O'Brien
8/2/2022	<i>Purposeful Planning Institute</i>	I'm Giving Twice with a T-CRUT (recorded webinar)	Kathleen Rehl John A. Warnick
7/20/2022	<i>FSP Journal Live</i>	Widows & Research podcast	Kathleen Rehl John Grable
7/1/2022	<i>Journal of Financial Service Professionals</i> Vol. 76, No. 4	Financial Satisfaction Postwidowhood: The Role of Resilience	John E. Grable Laura Mattia Carrie L. West, Linda Y. Leitz Kathleen Rehl
6/22/2022	<i>Agebuzz</i>	Focus on Investment Factors You Can Control	Kathleen Rehl
6/17/2022	<i>Mindful Money</i>	Financial Advice for Widows & Enjoying ReFirement	Jonathan DeYoe Kathleen Rehl
6/8/2022	<i>Sixty & Me</i>	Jane Fonda and I Happily Agree About Drinking After 60	Kathleen Rehl
5/26/2022	<i>CNBC</i>	Here Are The First Financial Steps to Make After Losing a Spouse	Annie Nova
5/17/2022	<i>Humble Dollar</i>	Better Than Dollars	Kathleen Rehl
3/23/2022	<i>Agebuzz</i>	The Joy of Reading Picture Books Virtually with My Long-Distance Grandchild	Kathleen Rehl
2/9/2022	<i>Agebuzz</i>	You Are Wealthier Than You Think	Kathleen Rehl

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1/31/2022	<i>Sixty & Me</i>	Thoughts After My 75th Birthday!	Kathleen Rehl
11/17/2021	<i>Agebuzz</i>	I'm "Giving It Twice," Helping My Son & Leaving a Lasting Legacy	Kathleen Rehl
10/11/2021	<i>Sixty & Me</i>	Two Ways I Found Later Life Love	Kathleen Rehl
9/22/2021	<i>Humble Dollar</i>	"Giving Twice"	Kathleen Rehl
7/14/2021	<i>Agebuzz</i>	Pennies from Heaven: Gifts from My Guardian Angel!	Kathleen Rehl
7/5/2021	<i>ThinkAdvisor</i>	How to Help Widows Avoid Financial Risks of Remarriage	Jane Wollman Rusoff
7/4/2021	<i>Sixty & Me</i>	5 Easy Steps to Write a Legacy Letter for Family and Friends	Kathleen Rehl
6/14/2021	<i>Sixty & Me</i>	How We Hosted Camp Grandma & Grandpa" During the Pandemic	Kathleen Rehl
6/2/2021	<i>Agebuzz</i>	I Remember Growing Up in a Four-Generation Household	Kathleen Rehl
5/4/2021	<i>Sixty & Me</i>	Does Your Mother's Legacy Shape Your Own?	Kathleen Rehl
3/16/2021	<i>YouTube</i>	Next Gen Mentoring Forum interview focused on practical aspects of working with widows	CA Lutheran University Financial Planning
2/17/2021	<i>Sixty & Me</i>	Try Something New: Write a Poem and Stretch Your Brain	Kathleen Rehl
2/12/2021	<i>Humble Dollar</i>	Final Thoughts	Kathleen Rehl
2/3/2021	<i>Agebuzz</i>	Shake Up Your Brain a Bit: Get Outside Your Comfort Zone	Kathleen Rehl
11/27/2020	<i>Sixty & Me</i>	Put Your Gratitude into Action—Not Only for the Holidays!	Kathleen Rehl
11/4/2020	<i>Agebuzz</i>	How I Learned to Never Say Never	Kathleen Rehl
10/1/2020	<i>Journal of Financial Planning</i>	Self-empowerment among widows: A financial planning perspective	Laura Mattia John E. Grable Carrie L. West, Linda Y. Leitz Kathleen Rehl
9/9/2020	<i>Sixty & Me</i>	What I Learned from my Grandmother, the Entrepreneur	Kathleen Rehl
8/5/2020	<i>Agebuzz</i>	The Joy of Writing Poetry Now!	Kathleen Rehl
5/1/2020	<i>Book</i>	Storied Tables of Caffe Lena: Preserving the Story & Spirit of a Legendary Venue	Kathleen Rehl Charlie Pickett
4/7/2020	<i>Agebuzz</i>	Write Your Personal Legacy Letter for Family & Friends	Kathleen Rehl
3//2020	<i>Sixty & Me</i>	How to Create and Share Your Lasting Legacy of Love	Kathleen Rehl
3/22/2020	<i>CNBC</i>	Widows can lead a rewarding life after grief and growth stages	Kathleen Rehl
3/13/2020	<i>CNBC</i>	After initial grief, new widows must reexamine their finances	Kathleen Rehl
3/6/2020	<i>CNBC</i>	Recent widows need financial guidance after a spouse's death	Kathleen Rehl
10/27/2019	<i>Sixty & Me</i>	Choose Refirement Rather Than Vintage Retirement! These 7 Questions Will Help You Find Your Direction	Kathleen Rehl
10/23/2019	<i>Agebuzz</i>	Girlfriends Getaway	Kathleen Rehl

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08/09/2019	Forbes	How Widows Can Better Manage Their Money	John Wasik
07/30/2019	Investment News	Retirement Repair Shop with Mary Beth Franklin – Episode Seven	Mary Beth Franklin
07/16/2019	Agebuzz	After The Hearse, Don't Be A Purse Or A Nurse!	Kathleen Rehl
07/11/2019	Sixty & Me	6 Know-It-All Statements New Widows Don't Want to Hear (And Alternatives That Are Actually Helpful)	Kathleen Rehl
06/27/2019	Center for Retirement Research at Boston College	Widows: Manage Your Grief, Finances	Squared Away Blog
05/23/2019	Investment News	Dealing with widows requires empathy and patience	Mary Beth Franklin
05/15/2019	Reuters	Depression risk could derail your retirement portfolio	Beth Pinsker
05/01/2019	Agebuzz	Dollar For Dollar: Determining Your Financial Strategy As A New Widow	Connie Zuckerman
04/13/2019	The Bulletin	How grieving widowed spouses can cope with financial matters	Susan B. Garland
04/11/2019	The New York Times	You're a Widow. Now What?	Susan B. Garland
04/01/2019	Living Lutheran	Couple Shines Their Light	Erin Strybis
03/29/2019	The Wall Street Journal	Estate Planning for the Uninitiated	Anne Tergesen
03/28/2019	Humble Dollar	Better Than Golf	Kathleen Rehl
03/01/2019	New York Times	You're the 'Money Person' in Your Relationship? That's Problematic	Elizabeth Harris
02/20/2019	Think Advisor	The 3 Stages of Widowhood, and How Advisors Can Help	Jane Wollman Rusoff
02/14/2019	Next Avenue	Next Avenue Readers On What Love Looks Like	Kathleen Rehl
01/08/2019	Nerd's Eye View	#FASuccess Ep 106: Empowering Widows Financially By Helping Them Navigate The 3 Stages of Widowhood	Michael Kitces Kathleen Rehl
12/21/2018	Sixty & Me	Don't Make New Year's Resolutions: Mature Women Enjoy This Alternative	Kathleen Rehl

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12/01/2018	<i>Insurance News Net Magazine</i>	After The Funeral: Navigating The Three Stages of Widowhood	Kathleen Rehl
11/17/2018	<i>New York Times</i>	Women Who Become Widows Are Faring Better Financially	Tammy LaGorce
11/15/2018	<i>Time</i>	The One Thing Married Women Should do to Protect Their Finances Before They Retire	Ryan Derausseau
11/05/2018	<i>Humble Dollar</i>	Merging Money	Kathleen Rehl
11/01/2018	<i>Sixty & Me</i>	Marriage After 60: I Love Two Men, With the Blessings of Both	Kathleen Rehl
08/13/2018	<i>Sixty & Me</i>	How a Getaway With Girlfriends Can Enhance Your Friendships in Retirement	Kathleen Rehl
06/20/2018	<i>Kbkweathh connection</i>	Do You Want to be Hired or Fired by the New Widow?	Kathleen Rehl
5/10/2018	<i>Sixty & Me</i>	What Money Personality Type Are You? Spender, Idealist, Star, Avoider Or Something Else?	Kathleen Rehl
02/09/2018	<i>Sixty & Me</i>	Never Say "Never" When It Comes To Finding Love After A Loss	Kathleen Rehl
02/05/2018	<i>Sixty & Me</i>	New Guidebook For Widows Offers Hope, Financial Wisdom and a Positive Path Forward	Margaret Manning
02/01/2018	<i>Financial Adviser News</i>	How Advisors Can Tailor Their Services For Widows	Karen Demasters
01/19/2018	<i>USA Today</i>	How to prepare financially for being a widow/widower	Robert Powell
12/02/2017	<i>Journal of Financial Planning</i>	Enhancing Financial Confidence Among Widows: The Role of Financial Professionals	John E. Grable Carrie L. West Linda Y. Leitz Kathleen Rehl Carolyn C. Moor Michele Neff-Hernandez Susan Bradley
10/05/2017	<i>Sixty & Me</i>	After 50 Dating: 10 Financial Questions To Ask Your Partner Before Committing	Kathleen Rehl

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08/25/2017	NAPFA Advisor Magazine	10 Questions To Ask Your Widowed Clients Who Re-partner	Kathleen Rehl
08/21/2017	Sixty & Me	Why Are Mature Women Living With Their Partners Rather Than Marrying?	Kathleen Rehl
07/03/2017	Sixty & Me	Are We Too Old For Boyfriends In Our 60s?	Kathleen Rehl
06/07/2017	Seeking Alpha	5 Financial Planning Tips For Working With Recent Widows	Jack Waymire
05/01/2017	Journal of Financial Service Professionals Vol. 71, No. 3	Helping Repartnered Widows Navigate Romance and Finance: The Role of Financial Advice	Kathleen Rehl Carrie L. West Linda Y. Leitz John E. Grable Carolyn C. Moor Michele Neff- Hernandez Susan Bradley
03/18/2017	Financial Advisor IQ	Have a Client in Crisis? Take It Slow and Easy	Pedro Silva
03/10/2017	Advisor Connect: Financial Insights & Growth Strategies	Will You Be Hired or Fired by the New Widow?	Kathleen Rehl
02/08/2017	FINRA: The Alert Investor	Managing Money Through Grief: 10 Tips for Widows and Widowers	Alice Gomstyn
01/13/2017	Sixty & Me	Financial Advice For Widows: 9 Steps To Help You Get Control And Move Forward	Kathleen Rehl
12/20/2016	Sixty & Me	Give Yourself a Legacy Gift By Repurposing Meaningful Jewelry	Kathleen Rehl
11/4/2016	Sixty & Me	Financial Advice for Widows: What To Do Before You Remarry	Kathleen Rehl
10/17/2016	Reader's digest	10 Things You Should Never Say to a Widow	Deborah Weiss
10/04/2016	Sixty & Me	Love Is Eternal, But, Life Isn't! Facing the Chance of Becoming a Widow	Kathleen Rehl
09/14/2016	Sixty & Me	5 Big Mistakes that Widows Make and How to Avoid Them	Kathleen Rehl

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08/17/2016	CNBC	Suddenly single: The realities of going from two to one	Ilana Polyak
06/20/2016	Next Avenue	I Planned for Life as a Widow, But Got a Lot Wrong	Ellen Uzelac
04/29/2016	Tampa Bay Times	Why are more Baby Boomers who can afford to buy a home renting instead?	Susan Taylor Martin
04/23/2016	Sentinel Online	Expert offers story, advice on widowhood	Judy Bryan
01/13/2016	CBS & Fox News: KEYC Mankato	Preparing Women For Financial Life After The Death Of Their Spouse	Shawn Logging
01/05/2016	Journal of Financial Service Professionals Vol. 70, No. 1 pp.53-60	Widows' Voices: The Value of Financial Planning	Kathleen Rehl Carolyn Moor Linda Leitz John Grable
10/28/2015	Financial Planning	Ensuring Success When Switching to a Flat Retainer Fee Model	Carolyn McClanahan
10/05/2015	Financial Advisor IQ	Keeping Widows from Leaving Calls for a Delicate Dance	R.A. Monroe
9/28/2015	Investment Advisor	Marketing Tips of the Trade	Olivia Mellan
08/10/2015	Bankrate.com	A guide for widows on how to manage money	Julie Landry Lavolette
07/27/2015	Susan's Women's Writing Circle blog	A Widow's Memoir Moment	Kathleen Rehl
07/20/2015	The Chautauquan Daily	Rehl to advise widows about financial transition	Deborah Trefts
07/18/2015	New Haven Register	DOLLARS & SENSE: A little support goes a long way	John Fitts
05/15/2015	Investment News	How to Talk to Clients Who Have Just Been Widowed	Kathleen Rehl

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04/03/2015	Sudden Money Institute - SMI Blog	Sharing Your Story, Values, Wealth, and Aspirations for Future Generations	Kathleen Rehl
03/24/2015	Sudden Money Institute - SMI Blog	On Hosting Events for Widows	Kathleen Rehl
12/01/2014	Broker World Magazine	How to Help Your Widowed Clients Make Wise Decisions with Life Insurance Benefits	Kathleen Rehl
11/05/2014	JournalTimes.com	Retirement Income for Surviving Spouses	Justus Morgan
10/27/2014	Sudden Money Institute - SMI Blog	A Tool To Use With Your Widowed Clients	Kathleen Rehl
10/01/2014	ACP Financial Focus	Recommendations for Recent Widows	Kathleen Rehl
10/01/2014	Broker World	Three Tips on What to Say to Your Widowed Client	Kathleen Rehl
10/10/2014	Wall Street Journal	Wealth Adviser: Are You Guilty of 'Due-Diligence Lite' on Funds?	Kevin Noblet
09/09/2014	Wall Street Journal	A 'Financial Retreat' for a Widow	Austin Kilham
08/17/2014	Investment News	Advising Women Through Transitions	Staff
08/03/2014	The Chautauquan Daily	Rehl to Advise Widows On Emotional And Financial Transitions	Deborah Trefts
07/23/2014	Investment News	Advisers Need to be Nurturers When Helping a Woman Through Life Changes	Alessandra Malito
07/10/2014	CNBC	Widows: Don't Let Grief Cloud Financial Judgment	Ilana Polyak
Summer 2014	Woodbury Connection	6 Tips for Working with New Widows	Kathleen Rehl
06/17/2014	Blueleaf	What to Say [and NOT Say] to a Grieving Widowed Client	Kathleen Rehl
05/30/2014	Miami Herald	When Husband Dies, Widows Must Deal with Grief And Finances	Julie Landry Laviolette

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05/12/2014	Blueleaf	Faced with This Unpredictable Client Moment, Pause and Don't Talk About the Market	Kathleen Rehl
04/28/2104	Research Magazine	Grieving Clients, Sensitive Advisors	Ellen Uzelac
04/15/2014	CNBC	From Grief TO Growth and Beyond, A Widow Can Lead A Rewarding Life	Kathleen Rehl
04/20/2014	CNBC	After Grief, New Widows Must Reevaluate Finances	Kathleen Rehl
04/10/2014	CNBC	New Widows Take Stock of Finances	Kathleen Rehl
03/18/2014	CNBC	What do Women Want? Financial Advisors Who Get It	Kelley Holland
02/24/2014 (March print issue)	Investment Advisor	Working with Widows ~&~ Learning More About Working with Widows	Olivia Mellan
02/07/2014	Citizen-Times.com	Widows Need Financial Education	Al Davis
01/21/2014	Financial Advisor IQ	Office Decor Is More Important Than You Think	Miriam Rozen
01/16/2104	MoneyNews.com	Senior Scams Hit Victims with \$2.9 Billion in Annual Losses	Michelle Smith
01/12/2014	Tampa Tribune	Widowed Financial Planner Offers Workshop In Brandon	Barbara Routen
01/12/2014	Tampa Tribune	Speaker's Concern for Widows Started On 9/11	Barbara Routen
01/04/2014	CNBC	More Financial Fraudsters are Targeting Seniors	Kelley Holland
12/01/2013	Inside Information	Planning In Widowhood	Bob Veres
12/01/2013	Financial Planning magazine & web	7 Financial Advisors With Great Side Gigs	Staff
11/01/2013	Gather-national	Advice for New Widows	Kathleen Rehl

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	<i>magazine of Women of the ELCA</i>		
10/01/2013	<i>Wall Street Journal</i>	Wealth Adviser: Helping Federal Employees Cinch the Belt Another Notch	
09/30/2013	CNBC	Expert Offers Financial Advice For the Recently Widowed	Kathleen Rehl
06/20/2013	<i>Investment News</i>	15 Transformational Advisers: Harold Evensky & Deena Katz	Jeff Benjamin
06/01/2013	<i>Investment News</i>	An Unconventional Exit From the Business	Liz Skinner
06/01/2013	<i>Mindful Money Magazine (iPad app)</i>	Kathleen M. Rehl Ph.D., CFP® speaks at a Workshop for Widows, Wives & Friends	Fern Alix LaRocca
05/28/2013	<i>Reuters</i>	Widows and Divorcees Put Money In Motion	Beth Pinsker
05/17/2013	<i>The Forum of Fargo-Moorhead</i>	A Vulnerable Time: Widows Need to Guard Against 'Financial Wolves'	Staff
04/11/2013	<i>Lake Oswego Review</i>	Finding The Right Way For Widows	Staff
02/19/2013	<i>Advisor Perspectives</i>	Six Recommendations for Working with Widows	Kathleen Rehl
02/09/2013	<i>USA Today</i>	MoneyWatch: Better to Rent Or To Sell A House?	Kathleen Rehl
01/23/2013	<i>Florida Today</i>	Mary Baldwin: New Widow Overwhelmed by Financial Decisions	Mary Baldwin
01/01/2013	<i>Spacecoast Living.com</i>	Suddenly Single. Now What?	Robert J. Rall
01/01/2013	<i>ACP Financial Focus</i>	Put Your Gratitude Into Action	Kathleen Rehl
11/01/2012	<i>NAPFA Advisor Magazine</i>	Practical Points in Serving Widows	Kathleen Rehl
Fall 2012	<i>Ft. Leonard Wood Survivor Outreach Services Newsletter</i>	Financial Information for Survivors Page 3	Staff

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06/21/2012	Think Advisor	Divorcees, Widows Use Advisors More Than Men	Joyce Hanson
06/01/2012	ACP Financial Focus	"Magical Thinking" Isn't a Plan	Kathleen Rehl
05/18/2012	Financial Advisor a blog by Dow Jones	How to Get A Wife Interested In Investing	Staff
05/07/2012	The Wall Street Journal	Five Mistakes You May Be Making	Veronica Dagher
03/13/2012	onwallstreet.com	Women Advisors Forum: Ways Wealth Managers Can Work with Widows	Staff
01/15/2012	Bottom Line Personal	After a Spouse Dies... Important Financial Steps to Take Right Away	Kathleen Rehl
12/31/2011	The New York Times	Footsteps to Follow in the Coming Year	Ron Lieber
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Kathleen M. Rehl, Ph.D., CFP®, CeFT® Emeritus



Author, Educator, Mentor, Storyteller

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